**Course outline**

**Introduction to Nursing**

**First Year Students- First Semester**

**Dr. Aidah Abu Elsoud Alkaissi**

**2 credits Introduction to Nursing (12 weeks), 1 credit terminology (4 weeks)**

1. **Basic Information:**

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| **Programme title** | **Baccalaureate of Science in Nursing** | **Course code** | 7401101 |
| **Department offering the programme(s):** | **Nursing & Midwifery Department** | **Year/Level** | **First year- First semester** |
| **Section responsible for the course** | **Adult Health Nursing Section** | **No. of hours/units** | **3Ch** |
| **Authorization date of course specification** | **2012** |  |  |

**Course Description** 7401101 **(Introduction to Nursing) 3 credit hours:**The course provides an introduction to nursing in which students will be introduced to the history & development of nursing locally & internationally. The course also provides an overview of the health care delivery system. Topics covered include the relationship between society and health, health manpower in general and the allied health professions in particular. The primary, secondary and tertiary health care services are covered and the modalities of service provision are discussed. Students are provided with an overview of each of different allied health professions, the distinctive role of each of the professions within the health care team; significant aspects of the work of each of the professions, and the skills and competencies required. Employment and continuing education opportunities are also discussed. The course deals with the study of medical terminology.

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| **1.Course aims:** |
| The aim of this course is to provide the students with an overview of the nursing profession. Topics include basic information on medical terminology, the current health care system and the evolution of nursing. Students are introduced to foundational nursing principles that guide nursing care including critical thinking, utilise informatics, identify nursing political actions. |
| **B- Professional Information** |
| **a.Knowledge and understanding**  a.1- Recognize the practice and profession of nursing  a.2- Describe the historical background of nursing  a.3- Discuss the various levels of educational preparation in nursing, accreditation and regulation.  a.4- Identify roles and responsibilities of professional nursing within the health care delivery system.  a.5- Define nursing theories and conceptual framework.  a.6- Identify nursing political actions  a.7 discuss quality improvement  **b- Intellectual skills**  b.1- Use medical terminology  b.2- Formulate nursing´s future challenges  **c- Professional skill**  c.1- Employ evidence based practice  c.2- Utilise informatics  d. **General and transferable skills**  d.1- Work in team  d.2- Self learning  d.3- Time management |

**Course outline**

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| **Contents** | **Teaching methods & activities** | **Time in week= (3hr)** | **ILOs** |
| * **Basic word structures** * Word analysis * Combining forms,suffixes, and prefixes | - Lecture  - Exercise and answers  - Pronunciation of terms  - Practical applications  - Picture show | **(1**) | **B1** |
| * **Organization of the body** * Body system * Body cavities * Divisions of the back * Planes of the body | - Exercise and answers  - Pronunciation of terms  - Practical applications  - Picture show | **(2)** | **B1** |
| * **Suffixes** * Combining forms * Suffixes and terminology | - Exercise and answers  - Pronunciation of terms  - Practical applications  - Picture show | **(3)** |  |
| * **Prefixes** * Combining forms & suffixes * Prefixes and terminology | - Exercise and answers  - Pronunciation of terms  - Practical applications  - Picture show | **(4)** | **B1** |
| * **The practice and profession of nursing** * Person – centered nursing care * The person as a recipient of care * Concepts basic to nursing practice | - Read hand out material  - Lecture  - Questions & answers | **(5)** | **A1** |
| * **Nursing Through history- A prelude to the present** * A philosophical perspective * Historical highlights * Nursing as an art * Nursing as a science * Nursing as a profession | - Read handout  - Lecture  - Questions and answer  - Group discussion | **(6)** | **A2** |
| * **Nursing today: The health science of caring** * The nursing concept explored * Nursing theory * Relationship of theory, research, and practice * Nursing research for scientists and practitioners * Nursing as a profession | - Home assignment  - Students´presentation  - Questions and answer | **(7)** 16/10/2011- 22/10/2011 | **A4, A5** |
| * **Person** * The person as a system * Basic needs of persons * Psychological development: Eriksson * Cognitive development: Piaget * **Environment** * The concept of environment * The physical environment * The social environment * The cultural environment | - Lecture  - Questions & answers  - Group discussion | **(8** ) | **A4** |
| * **Health care delivery** * Health care delivery as a system * Health problem of person in Palestine * Management of health care delivery * Preventive health care * **Nursing education, accreditation , and regulation** * Nursing education * accreditation of nursing education programs | - Lecture  - Questions & answers | **(9** | **A4**  **B3,**  **a3** |
| * **Employ evidence based practice** * science and the scientific method * Nursing research based on the scientific method * What is nursing research * Relationship of nursing research to nursing theory and practice * Evidence-based practice: Bridging the gap between research and practice. | - Search articles  “ what is nursing research”  - Home assignment “write a summary of the article”  - Lecture  - Group discussion of the articles | **(10)** | **C1** |
| * **Apply quality improvement** * The IQM competency: Apply Quality Improvement * Staff in health care * Quality health care | - Lecture  - Questions and answers | **(11)** | **A7** |
| * **Utilize Informatics** * The IQM competency: Utilize informatics * Informatics * Documentation * Informatics: Types and methods * HIPAA: Ensuring confidentiality * Telehealth * Internet | - Brain storming  - Lecture  - Home assignment  - Search after Computerized patient journal- presentation | **(12 )** | **C2** |
| * **Nurses and political action** * Policy and politics: What they are and what they are not * Politics and power * A nurse who knew how to use political power | -Brain storming  - Lecture  - Discussion | **(13)** | **A6** |
| * **Nursing´s Future Challenges** * **Societal challenges** * **Challenges in nursing practice** * **Challenges in nursing education** | -Brain storming  - Lecture  - Discussion | **(14)**  **(15)** | **B2** |
| **الإمتحانات**  **النهائية** | **Revision & Final Exam** | **(16)** |  |

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| **Learning/ Teaching Methods** |
| |  |  |  | | --- | --- | --- | | Methods | Purpose | ILOs | | * Lectures | - Explain the theoretical knowledge for each topic  - Provide  information  successfully  communicates the idea or information for which it is designed | A1-a6, | | * Group discussion | Encourage active learning  Increase the students' enjoyment of the topic and hence their desire to learn | B1-b3 | | * Students Presentation | Explain the practical knowledge for each topic  Allow the application of theoretical concepts to be demonstrated, thus bridging the gap between theory and practice | C1, c2 | | * Assignment | Developing skills & knowledge in students | B4,c3 | |

**References**

1. Introduction to Nursing- Concepts, issues & opportunities

Janice B. Lindberg, Mary Love Hunter, Ann Z Kruszewski

ISBN: 0-397-54745-5, R.R Donnelly & Sons Company, 1990

1. Professional Nursing- Concepts & Challenges

May Kittrell Chitty

ISBN: 0-7216-0695-4, El -Sevier Sauners, 2005

1. Professional Nursing Concepts-Competencies for Qualty Leadership

Anita Finkelman, Carole Kenner

ISBN: 0-7637-5412-9- Jones & Battlett publisher, 2010

4. Fundamentals of Nursing- Concepts, process & practice, Eighth Edition

Bergman, Synder, Kozier, Erb

ISBN: 0-13-206674-2- Pearson International Edition, 2008

Two CDs are available in Al- Shamel Library

N.B. Every student has to obtain the two CDs to be able to practice the pronunciation of terms

1. Medial terminology- A short course, 5th edition

Davi-Ellen Chabner

Saundres- El-Sevier

ISBN: 978-1-4160-5518-1, 2009

1. <http://currentnursing.com/nursing_theory/introduction.html>

**Preparation**

■ Review the reading material.

■ Prepare, as appropriate, power point presentation, or write the information on a flipchart or board where all students can see them.

■ Ensure sufficient number of copies of the curriculum for distribution to the students

**Materials**

■ Computer presentation, markers, paper, and handouts

**Evaluation/assessment**

■ Questions and answers, presentation, assignments (10%)

■ First exam (20%)

■ Second exam (20%)

■ Final exam (50%)

Total Marks 100%